

## **INFORMATION & CONSENT**

### **LEVULAN-BLUE LIGHT TREATMENT**

When you arrive on the day of treatment your face will be cleansed of any oils. The Levulan Kerastick topical solution will then be applied. There will be an incubation period lasting between 1-2 hours depending on the condition being treated. After the incubation period you will be exposed to the blue light of 17 minutes.

The Levulan-Blue Light treatment is not always covered by insurance. If it is not covered payment will be due at the time of service.

Approximately 50% of patients experience significant stinging and burning during the light treatment. This usually plateaus in intensity at about 4-6 minutes.

There will be some temporary redness and possible swelling after the treatment, similar to sunburn. This typically lasts 2-5 days.

After the treatment, the chemical Levulan can still be activated by light, including both natural light and artificial light. Therefore, it is important to **AVOID LIGHT EXPOSURE FOR 48 HOURS** following the Blue Light treatment. Excess exposure to light will cause increased redness, swelling and crusting of the skin. Sunscreen will not protect you from this effect.

In the days following the treatment please follow the Blue Light Home Care Recovery Sheet.

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**PRINT** Full Name

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Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date of Birth