

## 5-Fluorouracil Treatment

5-Fluorouracil (5FU) is a medication designed to destroy actinic keratosis. Not only does this medication remove pre-cancerous skin growths, but it also makes the skin smoother and more youthful looking.

Apply your prescribed 5FU medication \_\_\_\_\_ twice per day to the involved areas. If you apply it at night, apply 1 hour before bed so less will get on the pillow and bedding. You may feel some stinging after several days. This is normal. The skin will also become red and can develop some erosion and crusts. This is a necessary part of the 5FU treatment.

When the treatment is stopped, your skin will heal rapidly in a few weeks. Redness may take several months to fade.

Directions for use:

1. Apply the 5FU \_\_\_times per day to the following areas: \_\_\_\_\_
2. Apply the medicine in a thin layer with your finger tips and massage in well.
3. After applying 5FU, rinse your fingertips thoroughly with water.
4. Do not get 5FU into your eyes or on your eyelids.
5. Do not sunbathe while using 5FU. Hats, sun protective clothing, and minimizing sun exposure are best. Sunblock can be used as tolerated if not too irritating.
6. Cleanse areas with plain water and/or mild soap (Cetaphil/Cerave cleanser) before applying 5FU.
7. Women may use make up over the 5FU.
8. Apply Aquaphor ointment, Vaseline to the treated areas as needed for dryness 1-2 times per day.
9. If your skin is irritated, red or tender you can apply hydrocortisone 1% ointment (no cream) 1-2 times per day
10. If you have any problems or questions please call our office. We will also be happy to schedule a visit with the nurse for a check during your treatment.
11. We will need to see u back in \_\_\_\_\_ weeks to check on your progress.